

# COACHING PROGRAMME

A seasoned guide who provides insights, encouragement and practical skill development so you get enhanced performance

[www.fortisstreet.co.nz](http://www.fortisstreet.co.nz)



## WHAT IS COACHING?

Coaching is the catalyst for growth. It empowers leaders to unlock their full potential. Just as every athlete you know has a coach, more business leaders understand that coaching is an essential and natural tool to get to their best.

Imagine having a seasoned guide by your side who can offer invaluable insights and support. Through a collaborative process, a coach helps you identify your goals and challenges, develop strategic plans, take actionable steps and measure the impact of those steps. Their purpose is to help you build the necessary skills to thrive.

## PURPOSE-DRIVEN PERFORMANCE COACHING

We work with you over four months on an area of priority for you and your company. We have the tools to provide insights and measurement. Then, we have the skill to help you clarify your vision, provide you with technical skill coaching, enable you to take actionable steps and measure the impact.

## BENEFITS

### 1. Greater clarity

We help you to achieve clarity on the purpose that underpins your work, what your goals and strengths are and how you impact on others

### 2. Actionable steps with support

During the programme, you take actionable steps on your area of focus, with our support and providing in-the-moment feedback

### 3. Improved performance

The fundamental purpose of our coaching programme. We help you get improved and more impactful performance and work outcomes.

## AT A GLANCE PROGRAMME

- Focused on your goals and needs
- We build, implement and measure the plan, so you get real outcomes
- Four months, six sessions + as many calls as you want, NZ\$5,000 + GST

## BENEFITS

- Greater clarity about your goals, strengths and impact
- Actionable steps with your coach supporting you
- Improved performance and work outcomes

## SOMETHING ELSE?

We also provide bespoke coaching. Give us a call to talk through a different approach.



## SARA BROADHURST

Fortis Street Managing Director

Sara is a seasoned leader, having over 15 years as an executive in a range of companies and industries.

In addition, she has a Master in Psychology, with indepth understanding of human behaviour and motivation.